

October 2019

Carroll County High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Country Fried Steak Uncrustable Mashed Potatoes White Gravy Seasoned Green Beans Southern Biscuit Banana Applesauce	2 Lasagna Roll Up Hamburger Cheeseburger Uncrustable Side Garden Salad Buttered Corn Cheesy Garlic Breadstick Sweet Grapes Pineapple	3 Chicken & Waffle Uncrustable Hash Browns Orange Wedges Baked Apples Cherry Smooth Cup	4 BBQ On Bun Hot Dog Uncrustable Baked Beans Baked Potato Cheese Sauce Steamed Broccoli Florets Fruit Sorbet
7 	8 No School ! Fall Break			11 
14 Spicy Chicken Filet On Bun Chicken Filet On Bun Uncrustable Twister Fries Chilled Veggie Cup Sour Orange Raisels Sour Watermelon Raisels Sliced Peaches	15 Fiestada Pizza Uncrustable Chicken Quesadilla Refried Beans Confetti Corn Salsa Banana Applesauce	16 Home Baked Ziti Chicken Alfredo Uncrustable Steamed Carrots Side Caesar Salad Garlic Toast Sweet Grapes Pears Halves	17 Orange Chicken Asian Beef Uncrustable Stir Fry Vegetables Egg Roll Fried Rice Mandarin Oranges Pineapple	18 Fish Po' Boy BBQ Chicken Sliders Buffalo Chicken Sliders Uncrustable French Fries Fried Rice Macaroni & Cheese Creamy Cole Slaw Fruit Sorbet
21 Italian Club Sandwich Club Sandwich Uncrustable Tomato Soup Chilled Broccoli/Cauliflower Cup Apple Sliced Peaches	22 Chicken Tenders Uncrustable Mashed Potatoes Seasoned Green Beans Southern Biscuit Banana Applesauce	23 Stuffed Cheese Pizza Stuffed Pepperoni Pizza Uncrustable Buttered Corn Side Garden Salad Sweet Grapes Pineapple	24 Beef Nachos Chicken Nachos BBQ Nachos Uncrustable Baked Potato Steamed Broccoli Florets Taco Fiesta Beans Mexican Style Rice Salsa Orange Wedges Pears Halves	25 Cheeseburger Hamburger Uncrustable French Fries Green Peas Fruit Sorbet
28 Philly Cheese Steak Meatball Sub Uncrustable Tater Tots Baked Beans Sliced Peaches Sour Watermelon Raisels Sour Orange Raisels	29 Chicken Drumstick Jumbo Wings Uncrustable Mashed Potatoes Seasoned Green Beans Hot Dinner Roll Banana Baked Apples Mixmi Frozen Yogurt	30 Chicken Parmesan Uncrustable Glazed Baby Carrots Side Caesar Salad Garlic Knot Sweet Grapes Pineapple	31 Chili Uncrustable Grilled Cheese Sandwich Crisp Carrots & Celery Mandarin Oranges Pears Halves	

Offered Daily at lunch:
Ice Cold 1% White Milk
Ice Cold 1% Chocolate Milk
Variety of Chef Salads

Condiment Nutritional Info



This institution is an equal opportunity provider.
Menu subject to change due to availability of food